

## MAMMOGRAM: STEREOTACTIC BREAST BIOPSY

# Weill Cornell Imaging at NewYork-Presbyterian

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Stereotactic breast biopsy uses a computer to locate an abnormality in the breast, usually seen on a mammogram, so that a very accurate sample can be taken.

Before the procedure, you may take medication to reduce anxiety, such as ativan (1 mg the night before and 1 mg the morning of the procedure). This medication must be prescribed by your primary care physician or referring physician. You may not drive for twelve hours after taking this medication.

Medications such as aspirin, coumadin, and ibuprofen (see medications prohibited list on back), must be avoided for one week prior to and for one week after the procedure.

Some patients with a history of heart murmurs / Mitral Valve Prolapse may require antibiotics. Please check with your primary care physician. Please notify the staff if there is any chance that you might be pregnant or if you have any allergies. Ensure that you have a prescription from your physician and a referral from your insurance company. Any prior mammogram or ultrasound films should be sent here three to five days prior to biopsy for review by the radiologist.

Weill Cornell Imaging at NewYork-Presbyterian is located at 425 East 61<sup>st</sup> Street, on the 9<sup>th</sup> floor. Please arrive 30 minutes before your appointment time for check-in and paperwork. It takes approximately 45 minutes for the procedure to be performed. After the procedure, you will remain in our office for a brief period of observation.

For the procedure, you will be asked to lie face down on the biopsy table with your breast projecting through a round window. Once you are in a relatively comfortable position, the breast is compressed and x-ray pictures are taken to locate the area in the breast where the mammographic abnormality has been identified. The breast will then be prepared with antiseptic and a local anesthesia injected. A tiny incision is made. Using the automated computer setting, the core biopsy instrument is placed at the exact location of the abnormality. Core biopsies are then taken from the area of the abnormality. Each core is approximately the size of one inch of spaghetti. After taking samples, the radiologist will check to establish that the area of the abnormality has been satisfactorily biopsied. Once the radiologist has determined that enough samples have been acquired, the biopsy instrument is withdrawn and dressings are applied to the breast. It may be necessary to place a surgical clip at the biopsy site in order to mark the area for future reference.

Bruising and discomfort may occur. At first it may be uncomfortable to lift your arm. Tylenol may be taken for pain. ***Please See Other Side.***

The tissue processing and pathology reporting take approximately three to four business days. Your physician will discuss the final report with you.

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## MEDICATIONS PROHIBITED BEFORE AND AFTER NEEDLE BIOPSY

The medications listed below should not be taken for one week prior to and for one week after the procedure. These medications contain aspirin or aspirin-like drugs, such as ibuprofen, which can reduce blood clotting. Many "over-the-counter" drugs, especially cold and sinus medications contain aspirin. Please check with your pharmacist, physician or nurse to be certain that none of your medications contain aspirin or ibuprofen.

Please notify our office if you are taking aspirin or anticoagulants (e.g. Coumadin)

### SOME COMMON PRODUCTS AND MEDICATIONS WHICH MAY IMPAIR BLOOD CLOTTING

Advil	Darvon	<b><i>Nutritional Supplements:</i></b>
Alka Seltzer	Ecotrin	Garlic
Aleve	Empirin	Ginkgo-biloba
Anacin	Excedrin	Gotu Kola
A.P.C.	Fiorinal	Horse Chestnut
Arthritis Pain Formula	Midol	Vitamin E
Ascriptin	Nuprin	Chinese Herbal Medicine
Aspergum	Percodan	
Aspirin	Plavix	
Bayer	Relafen	
Bufferin	Sine-Aid	
Celebrex	Vioxx	

**Tylenol** is an acceptable pain reliever  
before and after the procedure